
SABINA SCHAFFNER

COACHING & DEVELOPMENT



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Coach and consultant BSO

Director of the Language Center of the University of Zurich and ETH Zurich

Services

Through **coaching**, **training** or **consulting**, I accompany you and your team

- during project transition periods and
- into new roles and challenges in change processes.

I help you to use your resources more effectively, to develop new prospects, and to extend your scope of action.

I will help you to make a difference.



Coaching

Executive coaching; Skills and developmental coaching; Career coaching; Teacher coaching; Team coaching



Training

Development of training concepts; development of quality management



Consulting

Development of training concepts; development of quality management; organisational consulting

My qualifications in coaching and consulting

Master's in Coaching (Northwestern University of Applied Sciences, Switzerland)

Certificates in coaching and organisational development (Trigon/Northwestern University of Applied Sciences)

Seminars in conflict management, human resource management and strategy development (Trigon)

My professional career

Since 2005: Director of the Language Center of the University of Zurich and ETH Zurich

1991-2005: Teacher trainer and head of the Life-Long Learning Section at the Academy of Adult Education in Lucerne

Lecturer of Polish in the Slavonic Department of the University of Basel

Co-manager of a teacher trainer project in language education run by the Swiss government in Poland

High-school teacher of French and Russian in Basel and MuttENZ